# Motivation Toward Learning English in Prework Training Programs

Conducted by Chloé Leblanc and Amy Lavoie

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# Context of the Study

Prework programs	<ul> <li>Work-school arrangement (Duplex or PPFP)</li> <li>Mandatory subjects (Math, French &amp; ESL)</li> <li>Work training</li> <li>Goal: helping at-risk students graduate high school</li> </ul>
Working/training fields	<ul> <li>Construction</li> <li>Mechanics</li> <li>Agriculture</li> <li>Customer services</li> </ul>
Participants	<ul> <li>Students from la Polyvalente Benoît-Vachon</li> <li>36 boys and 7 girls (n=43)</li> <li>Aged between 15 and 18 years old</li> </ul>

# Problem Statement

**Problem:** Students lack motivation in ESL (shown by: low self-esteem, high rate of absenteeism, low scores, negative perception of school)

Purpose of the study: Determine students' main sources of motivation to eventually make pedagogical adjustments and shift students' perception of English

# Instrumental vs Integrative Motivation



#### Instrumental

Refers to a learner's desire to learn a language for "personal growth and cultural enrichment" to eventually integrate into the L2 community. (Alizadeh, 2016)



### Integrative

Refers to learner's intention to learn a language for external reasons which lead to attaining aims, such as accessing more job opportunities, passing examinations, or getting a monetary reward. (Alizadeh, 2016)

# Methodology: Mixed Approach







### Quantitative







- Observation grids
- Filled by the researcher/student teacher

### Sources of motivation

 Instrumental vs integrative

- Survey
- Administered in class
- Likert scale

### Appendix A Students' Motivation Questionnaire (Google Form) Section 1: Multiple Choice and Short Answer 1. Quel âge as-tu? How old are you? ☐ 15 ans (15 years old) ☐ 16 ans (16 years old) ☐ 17 ans (17 years old) ☐ 18 ans (18 years old) 2. Dans quel programme es-tu? What program are you in? ☐ Centre d'Aide Individualisé (CAI) ☐ Tremplin Projet Particulier Préparatoire à la Formation Professionnelle (PPPFP) ☐ Duplex 3. Dans quel domaine complètes-tu ta formation? (stage, emploi, DEP) In which field are you completing your training? (practicum, job, DEP) Short answer text:

#### **Section 2: Multiple Choice**

1.	. J'étudie l'anglais pour obtenir de bonnes notes et compléter ma formation scolaire.	
	I study English to get good grades and complete my schooling.	
	☐ En accord (Agree)	
	☐ En désaccord (Disagree)	
	□ Neutre (Neutral)	
2.	Apprendre l'anglais pourrait m'aider à obtenir un meilleur emploi et/ou salaire dans le	
	future. Learning English could help me get a better job and/or salary in the future.	
	☐ En accord (Agree)	
	☐ En désaccord (Disagree)	
	□ Neutre (Neutral)	
3.	Apprendre l'anglais me donnera plus d'opportunités d'emploi (à l'extérieur du Québec	
	et/ou pour des entreprises internationales). Learning English will give me more job	
	opportunities (outside of Quebec or for international companies)	
	☐ En accord (Agree)	
	☐ En désaccord (Disagree)	
	☐ Neutre (Neutral)	

#### **Section 3: Multiple Choice**

1.	. Je souhaite améliorer mon anglais pour pouvoir communiquer avec des personnes du		
	monde entier en voyageant. I want to improve my English so that I can communicate		
	with people from all over the world when travelling.		
	☐ En accord (Agree)		
	☐ En désaccord (Disagree)		
	☐ Neutre (Neutral)		
2.	Apprendre l'anglais me permettrait de mieux comprendre les films, les séries et les		
	chansons en anglais que j'aime. Learning English would allow me to better		
	understand the movies, series, and songs in English that I love.		
	☐ En accord (Agree)		
	☐ En désaccord (Disagree)		
	☐ Neutre (Neutral)		
3.	Apprendre l'anglais pourrait me permettre de communiquer plus facilement avec des		
	collègues de mon domaine de formation et/ou des clients anglophones. Learning		
	English could allow me to communicate more easily with colleagues in my field of		
	training and/or English-speaking clients.		
	☐ En accord (Agree)		
	☐ En désaccord (Disagree)		
	☐ Neutre (Neutral)		

#### **Section 4: Multiple Choice**

1.	Ma moyenne dans mon cours d'anglais est de My grade average in my English	
	class is	
	□ A (85% - 100%)	
	□ B (75% - 84%)	
	□ C (65% - 74%)	
	□ D (60% - 64%)	
	□ E (0% - 59%)	
2.	Dans le dernier mois j'ai manqué volontairement In the last month, I missed on	
	purpose	
	□ 0 période (0 class period)	
	☐ 1 à 3 périodes (1 to 3 class periods)	
	☐ 4 à 6 périodes (4 to 6 class periods)	
	☐ 7 à 9 périodes (7 to 9 class periods)	
	☐ 10 périodes et plus (10 or more class periodes)	

#### Appendix B

#### Observation Notes

#### March 14th to April 9th, 2024

Instrumental Motivation	Integrative Motivation
- The student mentions he wants to work in the	- The student mentions wanting to move to
forestry industry in British Columbia and that	Texas, USA in the future since he
he needs to speak English since it is an	particularly appreciates the Texan and
anglophone province.	country culture.
- The student mentions that if he improves his	- The student mentions that sometimes he does
language skills, he could receive a	not understand the lyrics of an English song
bilingualism bonus in his customer service	and would like to be able to understand
job.	everything.
- The student mentions that he needs to pass	- The student mentions that there are complex
his English course to get accepted into the	English words in his video game that he
DEP program he wants to pursue next year.	would like to understand.

## Results



#### Instrumental motivation



#### Integrative motivation

88%	Desire to obtain more job opportunities
	(outside of Quebec or for international
	companies)

86% Desire to cor over the wor

Desire to communicate with people from all over the world while travelling.

Desire to get good grades and complete schooling.

Desire to better understand and appreciate series, songs, and movies in English.

Desire to get a better job or salary in the future.

Desire to engage in communication with anglophone individuals in the workplace to develop closer social ties.

# Results: Observed Trends

Students aged 15 years old showed the strongest agreement with integrative motivation, with 90% of them relating to the statements; those aged 16 years old agreed at 85%, and then the 17-year-olds agreed at 76%. Thus, it appears that younger students are more strongly influenced by integrative motivation factors.

The participants working in agriculture and customer services demonstrated the highest agreement with integrative motivation toward learning ESL, with 100% and 88% agreement rates, respectively.

Conversely, students in construction and mechanics showed lower agreement rates with integrative motivation, with only 77% and 66% agreement with the given statements of the survey.

Instrumental motivation seems more influential to participants in mechanics, with an agreement rate of 94% and only 66% for integrative motivation

## Conclusions:

Students in prework training programs at the Polyvalente Benoit-Vachon are equally motivated by instrumental and integrative factors.

- Therefore, ESL teachers in this specific context should put efforts into providing learning opportunities that target both types of motivations.
- For example: activities connected to students' fields of training and by encouraging authentic communication experiences related to travel.

# Professional Development

- Deepened my understanding of research methodology (a skill valuable in my Master's studies and in my future professional practice).
- Allowed my research partner and me to use our strengths and share tasks, which made the research process more effective and rewarding.
- Helped me realize how important it is to consider students' different sources of motivation to make learning more engaging and relevant.
- Helped me recognize the importance of evidence-based practice in education.
- Recognized the empowering potential of conducting context-specific research.

# Thank you!

# Bibliography

Alizadeh, M. (2016). The Impact of Motivation on English Language Learning. *International Journal of Research in English Education*, 11-15.